



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



Dear Parent/Guardian:

The first ABC book to be read in your child's classroom is *Have You Filled A Bucket Today? A Guide to Daily Happiness for Kids*, by Carol McCloud. *Have You Filled A Bucket Today?* uses the image of a bucket to represent our need to be filled with positive, caring words every day. When we are kind to each other, we create *warm fuzzies* that fill our friends' and classmates' buckets.

The book also discusses *bucket dippers*, whose negative behavior removes *warm fuzzies* from other people's buckets and makes them feel sad. The lesson's goal is to help students intentionally choose to fill their classmates' buckets with kindness in order to treat each other with respect.

Ask your child to tell you more about

- *Warm fuzzies*-What are they?
- *Bucket fillers*-How can you fill your bucket and the bucket of others?
- *Bucket dippers*-How can you keep a lid on your bucket and how can you help *bucket dippers* fill their bucket?

Reinforcing this lesson at home will help your child practice how to create a positive, caring school climate where students treat each other respectfully.

If you would like more information about the ABC program, please contact me. The ABC program also promotes the *41 Developmental Assets*. To learn more, visit the Project Cornerstone web site at www.projectcornerstone.org.

What you can do at home:

Complete the Bucket Filler Gram templates below & give them to the special people in your life

Bucket Filler Gram



To _____

_____.



Your friend,

Be a bucket filler every chance you get!

Bucket Filler Gram



To _____

_____.



Your friend,

Be a bucket filler every chance you get!