



Directions: Interview your partner about the following information.

Interview Form

Full name: _____

Birthdate: _____

Favorite book: _____

Favorite magazine: _____

Favorite movie: _____

Favorite movie actor/actress: _____

Favorite singer: _____

Favorite record: _____

Favorite sport: _____

Favorite subject in school: _____

Favorite food: _____

Favorite hobbies/pastimes: _____

Favorite place: _____

Favorite saying: _____

Ambition in life: _____

Most significant person: _____

Favorite family activity: _____

My one wish: _____

One thing I like about myself: _____



Directions: Answer the following questions in complete sentences.

Mythconceptions About Teenagers

What are some of the typical myths about teenagers that adults often believe?

Handwriting lines for the first question.

Of all the typical myths about teenagers, which ones are generally incorrect? For what reasons?

Handwriting lines for the second question.

Which of these beliefs about teenagers are often true?

Handwriting lines for the third question.



How could teenagers improve their image in the eyes of adults?

Handwriting lines for the fourth question.

Draw 2-3 things
you like to eat.

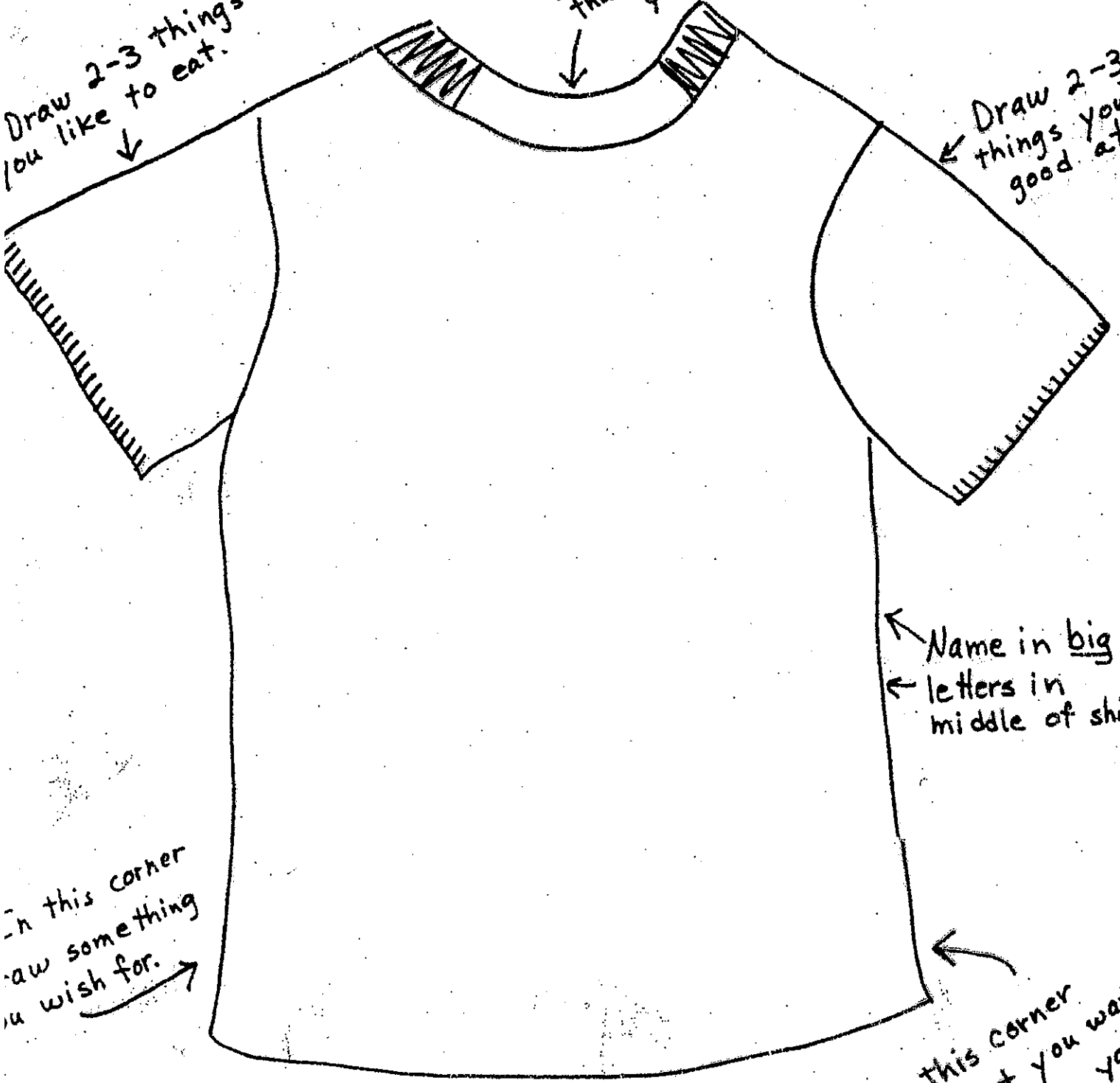
In collar, one word
that describes you or
your personality.

Draw 2-3
things you're
good at.

In this corner
draw something
you wish for.

Name in big
letters in
middle of shirt.

In this corner
draw what you want
to be when you
grow up.



ABC'S OF INSPIRATION

Avoid negative sources, people places, things, and habits.

Believe in yourself.

Consider things from every angle.

Don't give up, and don't give in.

Enjoy life today, yesterday is gone and tomorrow may never come.

Family and friends are hidden treasures. Seek them and enjoy their riches.

Give more than you planned to give.

Hang on to your dreams.

Ignore those who try to discourage you.

Just do it!

Keep on trying. No matter how hard it seems, it will get easier.

Love yourself first and most.

Make it happen.

Never lie, cheat or steal. Always strike a fair deal.

Open your eyes, and see things as they really are.

Practice makes perfect.

Quitters never win, and winners never quit.

Read, study, and learn about everything important in your life.

Stop procrastinating.

Take control of your own destiny.

Understand yourself to better understand others.

Visualize it.

Want it more than anything.

X-celerate your efforts.

You are unique of all of God's creations. Nothing can replace you.

Zero in on your target and go for it.



#

Name _____

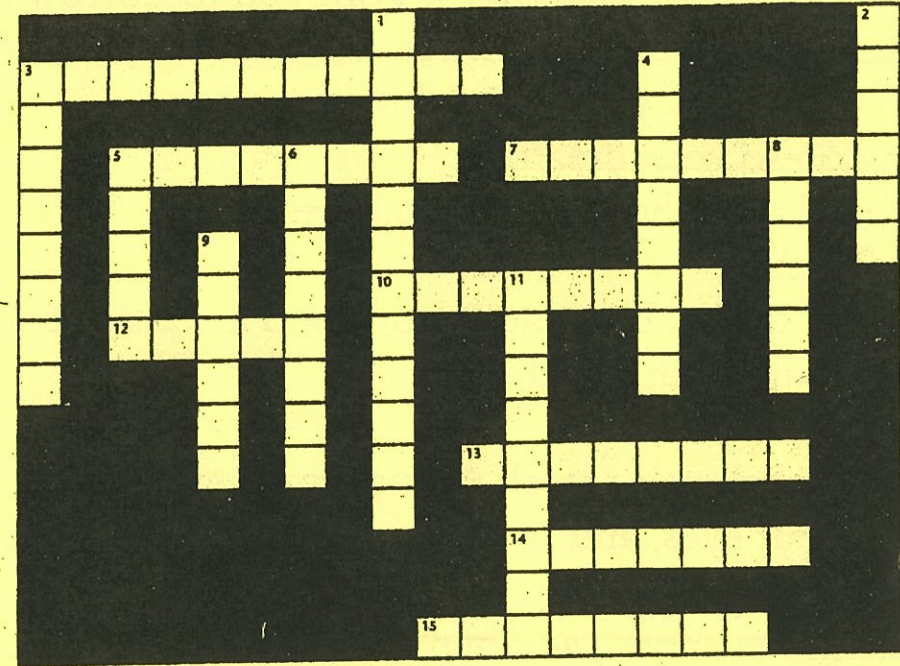
Date _____

Per. _____

A TIME OF CHANGES

Complete the puzzle.

- WORD BOX**
- SPURT
 - HORMONES
 - INTELLECTUAL
 - INFANT
 - BALANCED
 - ABSTRACT
 - NUTRITION
 - AWKWARD
 - TEMPORARY
 - NEGATIVE
 - ADOLESCENCE
 - CONCRETE
 - ADULTS
 - EMOTIONS
 - PHYSICAL
 - GLANDS
 - BONES



ACROSS

3. The period between childhood and adulthood is called _____.
5. Candy, soft drinks, and snacks do not make a _____ diet.
7. Good _____ helps adolescents reach their full height and weight.
10. Adolescents' _____ can change rapidly.
12. A period of rapid development is called a growth _____.
13. Young children use _____ thinking, relying on what they can see, hear, or touch.
14. Because of their rapid growth, adolescents may feel _____.
15. Adolescents experience many _____ changes in their bodies.

DOWN

1. Adolescents also experience rapid _____ development, changing the way they think.
2. One physical change is the development of sweat _____.
3. Adolescents learn to use _____ thinking to do difficult math problems.
4. Chemicals that control physical growth are called _____.
5. During adolescence, _____ often grow faster than muscles.
6. Resisting _____ influences is a great challenge facing adolescents.
8. An adolescent's body changes as quickly as when he or she was an _____.
9. Adolescents begin to look like they will when they're _____.
11. Some changes, such as acne, are only _____.